



STAR Club Breakfast Menu



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Beans on toast	Croissant with jam (or plain)	Scrambled egg on toast	Porridge	Sausage Bap
	Cereals	Cereals	Cereals	Cereals	Cereals
	Yoghurts/ selection of fruit	Yoghurts/ selection of fruit	Yoghurts/ selection of fruits	Yoghurts/ selection of fruit	Yoghurts/ selection of fruit
	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Waffles	Spaghetti hoops on toast	Porridge	Pancakes	Muffins
	Cereals	Cereals	Cereals	Cereals	Cereals
	Yoghurt/ selection of fruit	Yoghurt/selection of fruit	Yoghurt/ selection of fruit	Yoghurt/ selection of fruit	Yoghurt/ selection of fruit
	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk	Fruit juice, water or milk

CEREALS WILL INCLUDE: Weetabix, Cornflakes, Coco pops, Rice Krispies, Cheerios and Malted Wheats.

BREAD/ROLLS: Will be 50/50, Best of Both or similar

TOPPINGS: Will include a selection from jams, marmite and marmalade.

FRUIT: Will include a selection from: bananas, apples, pineapple, grapes and other seasonal fruits.

(This is a two week rotating menu and may be subject to change as necessary)